Brief Intro

The Domančić method is both the original and one of the most powerful, unique and effective bio energy healing systems. Over 35 years it has successfully treated all types of health conditions amongst adults and children. As the founder of the field of bio energy therapy, Zdenko Domančić needs little introduction. He has a singular and pioneering presence within the alternative healing and energy therapy communities. Born in Zadar, Croatia he spent his youth travelling abroad before returning to the idyllic island of Ugljen in the mid 80s where his practice as a healer truly took shape and gained him international recognition. His practice has successfully treated countless people from varied communities and from all reaches of the globe. As an educator, many of his students have gone on to become leaders in their own right within the field, most notably Michael O'Doherty, the celebrity energy therapist who studied bio-energy therapy under Zdenko Domančić in the 1980’s and subsequently opening the first large scale clinics and popularizing the therapy in the UK and Ireland.

Bio - Energy Therapy and the Domancic method

Zdenko Domančić clearly states that there is no “miracle” in his practice, or in the field of energy therapy, and that anyone with the will to learn can successfully practice it. In the “Domančić method” the therapist is a conducting agent who seeks to balance life energy via a time tested, rigorous and well established methodology whose results speak for itself. The practice seeks not focus on the esoteric or unattainable, but rather the tangible and accessible. The aim of the therapy is not to merely alleviate symptoms of a given illness, but rather to treat the cause of the illness itself. The therapy is holistic in its approach, whereby it pursues an all encompassing and beneficial effect on the patient's health, aiding in psychophysical healing and its ultimate goal - improved wellness, and quality of life. As such, the
Domančić method is a powerful, non-invasive and simple method of energy healing, with its core tenant being the transfer of energy to the areas of the body that most need it.

The field of bio-energy's popularity, and the achievements of the Domančić method reached a landmark in 1976, when the World Health Organization officially recognized the therapy as a viable alternative healing method. Over the decades countless people have passed through Domančić hands - people with different illnesses and from varied socioeconomic backgrounds. The effectiveness, and often seemingly "inexplicable" success stories that resulted from the therapy speak for themselves.

Courses in Bled

Commencing February 2016, Hotel Lovec where Mr. Domančić currently both resides and practices, offers an unprecedented opportunity to study bio energy therapy directly from Mr. Domančić, while amidst Bled's picturesque and vibrant landscape. Bled, an idyllic lakeside alpine town has been known as a place of wellness for centuries. From the middle ages, where the island of Bled once housed a temple to the Slavic goddess of life Živa, to the 19th century when Arnold Rikli established his pioneering natural health clinics through and through to present day it is hard to think of a better place where to gain the foundations for practicing bio-energy therapy.

Starting with a foundation course where students may successfully learn the principles, and begin to successfully practice bio energy therapy themselves, to an advanced level, where students will become fully certified practitioners of the Zdenko Domančić Method of Bioenergy Therapy®, an N.H.S. recognized C.A.M therapy.
Methodology Coursework Overview:

In the “Domančić method” courses are available at three levels.

Level One courses have a dual functionality: On the one hand they serve to introduce those interested in the Zdenko Domančić bio energy therapy methodology in an accessible and easy to understand manner. At the same time they also lay the groundwork for those wishing to pursue further bio energy therapy in a more serious manner. In the first level students will gain an overview of the methodology, theory and ethics behind bio energy. They will also begin to understand the principles behind the transfer of bio energy, and how it relates to specific medical conditions.

Level Two students will first review the groundwork established in the first level, and subsequently begin to learn about more specific topics such as psychopathology, distance therapy, group therapy dynamic and much more through practical work and exercises.

Level Three of the Domančić method is by far the most rigorous of the three levels. In this stage students will not only review the knowledge acquired in the first two levels, but as well practice under the close scrutiny of the Mr. Domančić to ensure that upon completion they are competent not only as healers, but also as proponents and future teachers of the Domančić method. Upon completion, students will be officially certified as therapists in the Zdenko Domančić method.